INSTRUCTIONS PRECEDING HAIR TRANSPLANTATION

Thank you for choosing Bosley to perform your hair transplantation procedure. You have chosen well. Please follow these instructions carefully to insure the best results from our work together.

These instructions are given to patients who, 1: Have already met with their Bosley physician and have been examined and accepted for treatment or, 2: Intend to meet their physician and if approved as candidates, proceed with treatment. No procedure will be performed unless and until you, the patient, have met with, been examined, and accepted for treatment by your Bosley physician.

Oral Intake: Maintain a normal intake of food and liquids during the days preceding your procedure. Eat a normal breakfast on the morning of the procedure. A cup of coffee is allowed if that is your normal morning routine.

Please do not consume alcoholic beverages the evening before your procedure or on the day of your procedure.

Medications: If you are taking medication for a medical condition, you should continue to do so unless told otherwise by a physician from Bosley.

If you are taking aspirin, Coumadin, Plavix or any medication that can decrease your blood’s ability to clot, please discuss this with your Bosley physician at least 7 days prior to your procedure. Aspirin and be found in many popular over the counter remedies, so check the label. Before discontinuing any prescription medications, check with your prescribing physician.

Please bring a list of all your current medications, both prescription and over-the-counter, to the procedure with you, as well as the date and time of your last dose.

Medications to make you comfortable will be available during your procedure. Consult your Bosley physician in advance of your procedure as to whether you may drive after receiving such medication.

Antibiotics and other medications needed during the procedure will be provided.

Preparations: Please shampoo your hair the night before or the morning of your procedure and avoid hairspray, gels or any sticky hair products.

For FUT Procedures: Your hair should be at least ½” in length, or longer in most cases.

For FUE Procedures: If possible, your hair should be cut in a “fade” style to aid in the preparation of the FUE donor area. Instruct your hair stylist to cut it to a level 1.

Wear a comfortable shirt with buttons to avoid pulling the shirt over the treated area of your head. Wear comfortable clothing.

You may bring your cell phone, reading material, music player with earphones or other electronics, which can be used by holding them on your lap while seated. Lunch and snacks will be provided.

Reminders: Please be aware, the use of tobacco products during the procedure is strongly discouraged.

If you have any questions, do not hesitate to call us at 1-800-352-2244.